



# Fall/Winter Get Outdoors Challenge

September 1 – March 31

- |   |   |
|---|---|
| <input type="checkbox"/> Help rake leaves in your yard                  | <input type="checkbox"/> Go skiing or snowboarding                                |
| <input type="checkbox"/> Help winterize your garden or lawn             | <input type="checkbox"/> Go cross country skiing                                  |
| <input type="checkbox"/> Help shovel snow at your house                 | <input type="checkbox"/> Go ice skating   |
| <input type="checkbox"/> Help a neighbor shovel snow                    | <input type="checkbox"/> Visit a frozen waterfall                                 |
| <input type="checkbox"/> Cook with vegetables you harvested in a garden | <input type="checkbox"/> Learn about why leaves change colors                     |
| <input type="checkbox"/> Visit a corn maze                              | <input type="checkbox"/> <u>Learn the 7 principles of Leave No Trace</u>          |
| <input type="checkbox"/> Visit a pumpkin patch                          | <input type="checkbox"/> Learn about snow science and forecasting                 |
| <input type="checkbox"/> Carve a pumpkin                                | <input type="checkbox"/> Learn about avalanche safety                             |
| <input type="checkbox"/> Visit a wildlife preserve or sanctuary         | <input type="checkbox"/> Jump into a pile of leaves                               |
| <input type="checkbox"/> <u>Visit a Colorado state park</u>             | <input type="checkbox"/> Play hopscotch   |
| <input type="checkbox"/> Visit a nature center                          | <input type="checkbox"/> Play capture the flag                                    |
| <input type="checkbox"/> Go on a scavenger hunt                         | <input type="checkbox"/> Play your favorite version of tag                        |
| <input type="checkbox"/> Visit an aquarium                              | <input type="checkbox"/> Play outside with a frisbee                              |
| <input type="checkbox"/> Build a snowman                                | <input type="checkbox"/> Make a sculpture out of snow and other natural materials |
| <input type="checkbox"/> Go sledding                                    | <input type="checkbox"/> Build a crystal fairy castle                             |
| <input type="checkbox"/> Have a snowball fight                          | <input type="checkbox"/> Have a snowman fashion show                              |
| <input type="checkbox"/> Build a snow fort                              | <input type="checkbox"/> Build a scarecrow  |
| <input type="checkbox"/> Make a snow angel                              | <input type="checkbox"/> Bob for apples   |
| <input type="checkbox"/> Go cabin camping                               | <input type="checkbox"/> Cook or bake with pumpkin or apples                      |
| <input type="checkbox"/> Go on a leaf viewing hike                      | <input type="checkbox"/> Make a leaf pressing                                     |
| <input type="checkbox"/> Ride a bike                                    | <input type="checkbox"/> <u>Visit a GSCO property</u>                             |
| <input type="checkbox"/> Go hiking                                      | <input type="checkbox"/> Go on a color walk or hike                               |
| <input type="checkbox"/> Go horseback riding                            | <input type="checkbox"/> Play hide and seek with glow sticks                      |
| <input type="checkbox"/> Go trail running                               | <input type="checkbox"/> Attend a harvest festival                                |
| <input type="checkbox"/> Go on a night hike                             | <input type="checkbox"/> Go snowshoeing   |
| <input type="checkbox"/> Complete a ropes/challenge course              | <input type="checkbox"/> Make a homemade snow globe                               |
| <input type="checkbox"/> <u>Learn a new Girl Scouts Song</u>            | <input type="checkbox"/> <u>Earn a Girl Scouts outdoor badge</u>                  |
| <input type="checkbox"/> <u>Visit the Dillon Ice Castles</u>            | <input type="checkbox"/> <u>Visit the Swetsville Zoo in Fort Collins</u>          |
| <input type="checkbox"/> Take a train ride in Georgetown or Durango     | <input type="checkbox"/> Visit Garden of the Gods                                 |

**Instructions:** From September 1—March 31, complete the required number of activities for your grade level to earn your Fall/Winter Get Outdoors Challenge Patch! Purchase your patch through the [Girl Scouts of Colorado Shop](http://www.gscolorado.org/shop) online, in person, or over the phone.

**Share your adventures** with us on our blog: <http://gscoblog.org/share/> or tag us on social media @gscolo and use #gsoutdoors.



NUMBER OF ACTIVITIES REQUIRED PER GRADE LEVEL					
Daisy	Brownie	Junior	Cadette	Senior	Ambassador
15	20	25	30	35	35

**Questions?** Contact [inquiry@gscolorado.org](mailto:inquiry@gscolorado.org) or 877-404-5708.

April 1—August 31

- |   |   |
|---|---|
| <input type="checkbox"/> Help clean up your yard                                    | <input type="checkbox"/> Climb a tree or play in a treehouse        |
| <input type="checkbox"/> Do a trash cleanup in your neighborhood                    | <input type="checkbox"/> Have a water fight                         |
| <input type="checkbox"/> Participate in a trail restoration/<br>improvement project | <input type="checkbox"/> Swing on an outdoor swing set              |
| <input type="checkbox"/> Help plant a home or community garden                      | <input type="checkbox"/> Watch fireworks                            |
| <input type="checkbox"/> Clean up a park, playground, or other<br>outdoor area      | <input type="checkbox"/> <u>Visit a National Park in Colorado</u>   |
| <input type="checkbox"/> Build a pollinator garden                                  | <input type="checkbox"/> Take your pet for a walk                   |
| <input type="checkbox"/> Have a picnic  | <input type="checkbox"/> Attend a ranger talk/hike                  |
| <input type="checkbox"/> Cook over a campfire                                       | <input type="checkbox"/> Fly a kite                                 |
| <input type="checkbox"/> Make homemade popsicles                                    | <input type="checkbox"/> Exercise outside                           |
| <input type="checkbox"/> Cook with plants you harvested in your<br>garden           | <input type="checkbox"/> Go bird watching                           |
| <input type="checkbox"/> Attend an outdoor event                                    | <input type="checkbox"/> Visit a botanic garden                     |
| <input type="checkbox"/> Read a book outside  | <input type="checkbox"/> Go on a scavenger hunt                     |
| <input type="checkbox"/> Visit a farm   | <input type="checkbox"/> Play in the rain                           |
| <input type="checkbox"/> Visit a park   | <input type="checkbox"/> Lie down in the grass and watch the clouds |
| <input type="checkbox"/> Visit a zoo  | <input type="checkbox"/> Hang out in a hammock                      |
| <input type="checkbox"/> Watch the sunrise or sunset                                | <input type="checkbox"/> Try outdoor yoga                           |
| <input type="checkbox"/> Play a sport outside                                       | <input type="checkbox"/> Roll down a hill                           |
| <input type="checkbox"/> Go swimming  | <input type="checkbox"/> Blow dandelions into the wind              |
| <input type="checkbox"/> Harvest fruits or vegetables                               | <input type="checkbox"/> Hike a 14er                                |
| <input type="checkbox"/> Go fishing   | <input type="checkbox"/> Roast marshmallows                         |
| <input type="checkbox"/> Go stargazing  | <input type="checkbox"/> Learn about a new constellation            |
| <input type="checkbox"/> Skip rocks on a pond or lake                               | <input type="checkbox"/> Pick wild raspberries                      |
| <input type="checkbox"/> Make your own slip 'n slide then slide on it               | <input type="checkbox"/> Read a book under a tree                   |
| <input type="checkbox"/> Watch a movie outside                                      | <input type="checkbox"/> Make an instrument with things from nature |
| <input type="checkbox"/> Play in a sprinkler  | <input type="checkbox"/> Bury a time capsule                        |
| <input type="checkbox"/> <u>Earn a Girl Scouts outdoor badge</u>                    | <input type="checkbox"/> Hear your own echo                         |
| <input type="checkbox"/> <u>Visit a GSCO property</u>                               | <input type="checkbox"/> Swing on a rope swing                      |
| <input type="checkbox"/> <u>Hike part of the Colorado Trail</u>                     | <input type="checkbox"/> <u>Learn a new Girl Scouts Song</u>        |
|   | <input type="checkbox"/> <u>Attend a GSCO camp</u>                  |
|   | <input type="checkbox"/> Visit the Royal Gorge                      |
|   | <input type="checkbox"/> Go whitewater rafting                      |

**Instructions:** From April 1—August 31, complete the required number of activities for your grade level to earn your Spring/Summer Get Outdoors Challenge Patch! Purchase your patch through the [Girl Scouts of Colorado Shop](#) online, in person, or over the phone.

**Share your adventures** with us on our blog: <http://gscoblog.org/share/> or tag us on social media @gscolo and use #gsoutdoors.



NUMBER OF ACTIVITIES REQUIRED PER GRADE LEVEL					
Daisy	Brownie	Junior	Cadette	Senior	Ambassador
15	20	25	30	35	35

**Questions?** Contact [inquiry@gscolorado.org](mailto:inquiry@gscolorado.org) or 877-404-5708.