Daisy Be a Sister to Every Girl Scout Petal Activity Plan

**Petal Purpose:** When girls have earned this petal, they will know how to be sisters to every Girl Scout.

**Planning Guides Link:** Global Citizenship and Girl Scout Sisterhood

**Activity Plan Length:** 1.5 hours

**Fun Patch Link:** Sister 2 Sister

**Resources**
- This activity plan has been adapted from the Daisy *Girl's Guide to Girl Scouting*, Vi’s Story: Friends Around the World—Be a Sister to Every Girl Scout (Violet Petal), which can be used for additional information and activities.

**Activity #1: “Mingle!” Game**

**Petal Connection:** Be A Sister to Every Girl Scout (Violet Petal)

**Time Allotment:** 15 minutes

**Steps:**
1. Tell the girls to stand near each other in the center of the room.
2. Tell the girls that when you yell, “MINGLE!” they will place their palms together in front of their chest and “snake” through the group while chanting, “mingle-mingle-mingle...” continuously as they weave through each other. Allow the girls to mix and mingle for 5-10 seconds.
3. Yell, “STOP!” and tell the girls to find and link arms with girls who have things in common with them by calling one of the categories below, or others you choose.
   - Same hair color
   - Go to the same school
   - Have the same favorite sport
   - Have the same number of brothers and sisters
   - Have the same birthday month
   Instruct the girls that when finding their group, they should ask the other girls one at a time, rather than yelling out to the entire group at once (making it easier to separate the groups).
4. Once girls have found their partner or group (some may be individuals), have each girl or group announce to the larger group what their answer was. After each group has answered, start the game again by yelling “Mingle!” and start over with a new category. To involve the girls, ask them to think of new categories to keep the game moving.

**Activity #2: Butterfly Flight**

**Petal Connection:** Be A Sister to Every Girl Scout (Violet Petal)

**Time Allotment:** 15 minutes
Steps:
1. Tell the girls that they are going on a butterfly adventure around the world. Ask girls to form a circle and sit in “butterfly” position, placing the bottoms of their feet together with knees opened outward, hands on their ankles, and backs straight.
2. Begin the flight by fluttering your knees up and down like a butterfly. You can shift your weight right or left while holding on to your ankles to “turn.” Lead the girls as they get used to “flying” and “turning” as one large group.
3. Next, lead the girls in “flying” to the first stop—Savannah, Georgia, the birthplace of Juliette Gordon Low. Tell the girls this is where Girl Scouts first started. Ask the girls what they see in Savannah. Do they see cobblestone streets or trees with Spanish moss? After talking with the girls about what Savannah is like, “fly” to a new destination chosen by one of the girls.
4. Go around the circle and ask each girl individually where she would like to “go” today. After each girl answers, “fly” and “turn” together as a group to that destination. Ask the entire group what kinds of things they see at this destination or other questions they can think of. Then, move on to the next girl and destination.

**Activity #3: Girl Scout Sisterhood Wreath**

Petal Connection: Be A Sister to Every Girl Scout (Violet Petal)
Time Allotment: 15 minutes

Materials Needed:
- Pre-traced outline of a person on construction paper (1 per girl)
- Coloring utensils
- Yarn, googly eyes, construction paper, or other decorative items
- Scissors

Steps:
1. Have the girls cut out and decorate an image of herself with any of the decorative materials provided. She can use her favorite colors, draw her favorite things or make it as accurate as possible (hair color, eye color, etc.).
2. Have girls share their creations and then connect them all together with glue, staples, or string to form a chain or a circle, representing the Girl Scout Sisterhood across the world.

**Activity #4: Snack Chat and Promise Pals**

Petal Connection: Be A Sister to Every Girl Scout (Violet Petal)
Time Allotment: 10 minutes

While enjoying snack as a group, have each girl share with the group one thing that she is going to do at home or at school to show others that she is a sister to every Girl Scout. Ideas include:
- Make up a cool handshake with a friend, and then teach it to other girls who want to learn it.
- Teach a friend how to do an activity you like to do. Ask her to teach you one of her favorite activities in return.
- Make a special card or handmade gift for a friend. Include what makes them special.
- Invite someone new over to play.

Have each girl make a promise to the other girls in her group identifying how she will be a sister to every Girl Scout. The girls in the group are now Promise Pals. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

**Activity #5: Meeting Vi the Violet**

Petal Connection: Be A Sister to Every Girl Scout (Violet Petal)
Time Allotment: 10 minutes
Materials Needed:
- Vi the Violet coloring sheets (one per girl)
- Coloring utensils

Steps:
1. Have girls color in their Vi the Violet coloring sheets.
2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl’s promise.

More to Explore
- Field Trip Ideas:
  - Visit a local library or cultural museum to learn more about other countries.
  - See a play or movie that ties in “sisterhood” themes and values.
- Speaker Ideas:
  - Invite a multicultural group or older Girl Scout troop to your meeting.
  - Invite a family member or friend from another country to talk about culture and traditions.

Customize It!: If your group wants to expand work on this petal or simply try different activities, go for it! There are many ways to earn this award, including: Completing the activities as listed in the Daisy Girl’s Guide to Girl Scouting, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:
  - They can identify how they are similar and different from each other
  - They know they are connected to girls all across the world
  - They can demonstrate how to be welcoming to new girls and be open to new ideas

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:
- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about how to be a sister to every Girl Scout and have earned the Violet Petal.

We had fun:
- Getting to know one another better and exploring our differences and similarities through a fun game called “Mingle!”
- Traveling to and exploring different parts of the world on a butterfly flight
- Creating works of art to represent Girl Scouts all around the world
Continue the fun at home:

- Ask your Daisy what she promised to do to show that she is a sister to every Girl Scout. Help her to keep her promise.
- Create a list of “sisterhood” practices with your Daisy that she can do at home.

Thank you for bringing your Daisy to Girl Scouts!

This activity plan was adapted from Girl Scouts River Valleys.
I'm Vi the Violet. I'm a sister to every Girl Scout!