



Daisy Honest and Fair Petal Activity Plan 1

Purpose: When girls have earned this petal, they'll know to be honest and fair.

Planning Guides Link: Healthy Living

Fun Patch Link: Honest

Activity Plan Length: 1.5 hours

Resources

- This activity plan has been adapted from the Daisy *Girl's Guide to Girl Scouting*, Lupe's Story: A Fair Turn in the Flower Garden—Honest and Fair (Light Blue Petal), which can be used for additional information and activities.
- Book Suggestions for Activity #1: Story Time:
 - *Jamaica's Find* by Juanita Havill
 - *It's Not My Fault!* by Nancy Carlson
 - *Ruthie and the (Not So) Teen Tiny Lie* by Laura Rankin

Activity #1: Story Time

Petal Connection: Honest and Fair (Light Blue Petal)

Time Allotment: 15 minutes

Materials Needed:

- Book about being honest or fair

Steps:

1. Read a story about being honest or fair (or a book about what happens when you are not honest or fair) aloud to the girls.
2. Discuss the story. Ask girls questions based on the story you read. A few example questions are listed below:
 - How was the character honest or fair?
 - If the character told lies, what happened when s/he told a lie?
 - Why is it important to be honest and fair?
 - What was your favorite part of the story?

Activity #2: Musical Chairs

Petal Connection: Honest and Fair (Light Blue Petal)

Time Allotment: 10 minutes

Materials Needed:

- Chairs – One fewer than the number of girls
- Music

Steps:

1. Play the game by setting the chairs up in a circle, facing outwards.
2. Play the music while girls walk around the circle of chairs. Stop the music after 15 seconds (or whenever you determine it should be stopped) and the girls should each sit in a chair. One girl will be out.
3. Remove a chair and play again until there are only two girls and one chair. The girl who sits in the chair at the end is the winner.

Activity #3: Snack Chat

Petal Connection: Questions link to petal theme

Time Allotment: 15 minutes

While enjoying snack, here are some things for girls to discuss:

- Have you ever told a lie? What happened?
- Why is it important to follow the rules when you play a game?
- How would you feel if you and your friend were each given a bowl of ice cream, but your friend received two scoops and you received one? What if you were the one to get more?

Activity #4: Promise Pals

Petal Connection: Honest and Fair (Light Blue Petal)

Time Allotment: 10 minutes

Steps:

1. Split girls into small groups of two to four girls. Have each girl share with her group one thing that she is going to do at home or at school to show others that she is honest and fair.
2. Have each girl make a promise to the other girls in her group identifying how she will be honest and fair. The girls in the group are now Promise Pals.
3. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

Activity #5: Meeting Lupe the Lupine

Petal Connection: Honest and Fair (Light Blue Petal)

Time Allotment: 10 minutes

Materials Needed:

- Lupe the Lupine coloring sheets (one per girl)
- Coloring utensils

Steps:

1. Have girls color in their Lupe the Lupine coloring sheets.
2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girls' promises.

More to Explore

- Field Trip Ideas:
 - Go to a local sporting event and discuss the rules of the game and good sportsmanship.

- Visit a local police station to learn what it means to be an honest and fair, law-abiding citizen.
- Speaker Ideas:
 - Invite a police officer to speak to the girls about the importance of being honest and fair.
 - Invite a coach, gym teacher or older girl athlete to talk about being honest and fair during games and sports.

Customize It!: If your group wants to expand work on this petal or simply try different activities, go for it! There are many ways to earn this award, including: Completing the activities as listed in the *Daisy Girl's Guide to Girl Scouting*, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They understand the importance of following the rules and not telling lies
- They can name two ways to be honest and fair

Family Follow-Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about being honest and fair and have earned the Blue Petal.

We had fun:

- Reading a story about being honest and fair
- Following the rules as we played Musical Chairs
- Making a promise to do something to show others that we are honest and fair

Continue the fun at home:

- Ask your Girl Scout what she promised to do to show that she is honest and fair. Help her to keep her promise.
- Ask your Girl Scout to share ideas about she can do at home to show she is honest and fair.
- Read "Lupe's Story: A Fair Turn in the Flower Garden" in the *Girl's Guide to Girl Scouting* with your Daisy.

Thank you for bringing your Daisy to Girl Scouts!

This activity plan was adapted from our sister Scouts at Girl Scouts River Valleys.



I'm Lupe the Lupine. I'm honest and fair!