Purpose: When girls have earned this badge, they'll know how to play fair in sports and games.

Planning Guides Link: Healthy Living and Creativity

Fun Patch Link: Good Sport

Activity Plan Length: 1.5 hours

Resources
- This activity plan has been adapted from the Brownie Girl's Guide to Girl Scouting Fair Play Badge, which can be used for additional information and activities.

Activity #1: Rules of the Game
Badge Connection: Step 1—Follow the rules
Time Allotment: 20 minutes
Materials Needed:
- Poster board (any size)
- Markers

Steps:
1. As a group, choose a simple game to play.
2. Think of the rules needed to play the game. Make a poster listing the rules.
3. Play the game, following the rules on the poster.
4. Now, come up with two new rules for the game. Play the game with your new rules.
   - How does this change the game?
   - Which rules do you like better?

Activity #2: Girl Sports!
Badge Connection: Step 2—Include Everyone
Time Allotment: 15 minutes
Materials Needed:
- Book(s) or website(s) on women's sports

Steps:
1. Learn about a sport that women play professionally. Find information from books or online.
2. Have girls look for answers to the questions below:
   - When did the sports group form?
   - Where and when do they play?
   - Are there any famous players in the sport?
3. Discuss some of the favorite things you learned.
Activity #3: Pass the Orange
Badge Connection: Step 3—Be part of a team
Time Allotment: 15 minutes

Materials Needed:
- An orange or ball of similar size
- Balloons or balls of various sizes

Steps:
1. Form two teams. Have each team stand in a single-file line.
2. Pass an orange or ball down the line from chin to chin. If it is dropped, the team needs to start back at the beginning. The first team to get to the end wins!
3. Try the same game but with different objects, such as a balloon or different types of balls.
   Try changing the rules. For example, instead of using your chin, use your elbows, knees, etc.
4. Ask the girls how they used teamwork in this activity.

Activity #4: Snack Chat
Badge Connection: Questions link to multiple badge steps
Time Allotment: 10 minutes

While enjoying a healthy snack, here are some things for girls to talk about:
- What is your favorite sport to play?
- What would games be like if people didn’t play by the rules?
- Why are rules important?
- Has anyone ever been on a team?
- What did you enjoy about being on a team?

More to Explore
- Field Trip Ideas
  - Attend a girls’ or women’s sporting event.
  - Participate in a sports class or event at your local community or recreation center.
- Speaker Ideas
  - Invite a female athlete or coach to your meeting.
  - Invite a physical education teacher to teach the rules of a new game or sport.

Customize It!: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: Completing the activities as listed in the Brownie Girls Guide to Girl Scouting, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:
- They can follow the rules
- They can include everyone and be part of a team
- They know how to keep score of a simple game or sport
- They have a field day

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:
We had a wonderful time today learning about rules, teamwork, and women’s sports and are on our way to earning the Fair Play Badge.

We had fun:
- Making up our own rules to a game
- Learning about professional women’s sports
- Using teamwork to complete a challenge

Continue the fun at home:
- Try a new sport at the park or in your own backyard.
- Share with your Girl Scout the sports you played growing up.
- Look through the *Girl’s Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

*This activity plan was adapted from Girl Scouts River Valleys.*