



# GIRL SCOUT YOGA!!!!!!

Would you like to offer your Girl Scout Troop a unique and fun field trip experience that incorporates exercise, team bonding, relaxation and positivity.... **And earn a patch at the same time???** Give us a call to find out more about a Girl Scout Yoga class!!

Grand Valley Kids Yoga is currently scheduling one hour classes for the girls to enjoy an hour of fun and learning about yoga through games, bonding, practice and creativity.

Our kid's yoga Instructor is accredited and certified through Kidding Around Yoga. A Kidding Around Yoga patch will be given to every girl in the class.

Cost is \$5 per person and includes cost of patch. Call 260-6121 or e mail [grandvalleykidsyoga@gmail.com](mailto:grandvalleykidsyoga@gmail.com) for more information

