Daisy Responsible for What I Say and Do Petal Activity Plan 1

**Purpose:** When girls have earned this petal, they'll know to be responsible for what they say and do.

**Planning Guide Link:** Global Citizenship and Girl Scout Sisterhood

**Fun Patch Link:** Responsible

**Activity Plan Length:** 1.5 hours

**Resources**
- This activity plan has been adapted from the Daisy *Girl’s Guide to Girl Scouting, Mari’s Story: Keeping a Cupcake Promise—Responsible for What I Say and Do (Orange Petal)*, which can be used for additional information and activities.

**Activity #1: Word Power**

**Petal Connection:** Responsible for What I Say and Do (Orange Petal)

**Time Allotment:** 10 minutes

**Steps:**
1. Ask girls to stand up or jump if the word or phrase you say is helpful and makes them feel good and to sit or crouch down if the words are hurtful and make them feel bad. Use the words below and/or additional words of your own.
   - You're my friend
   - I don't like you
   - Please
   - Thank you
   - Get away
   - I'm sorry
   - You're not my friend
2. Ask girls how it felt to hear the helpful words and how it felt to hear the hurtful words. Talk about how words can be powerful and it is important to pay attention to what you say and how you say it.

**Activity #2: Chores Charades**

**Petal Connection:** Responsible for What I Say and Do (Orange Petal)

**Time Allotment:** 15 minutes

**Steps:**
1. Have girls play charades, acting out different things they can do at school or at home to help others and show they are responsible. Use the ideas below to get started. Girls might come up with ideas of their own, as well.
   - Brush your teeth
   - Make your bed
• Set the table
2. When a girl is ready to act out an action, whisper it into her ear. Make sure she knows what the action means.
3. Ask the girl who guesses the action correctly be the next person to act.

**Activity #3: Snack Chat**

Petal Connection: Questions link to petal theme  
Time Allotment: 15 minutes

While enjoying snack, here are some things for girls to discuss:
- What do you do at home to show you are responsible?
- How do words hurt? How do words make you feel better?
- How do you feel when you keep a promise?
- What could you do to show others that you are responsible?

**Activity #4: Promise Pals**

Petal Connection: Responsible for What I Say and Do (Orange Petal)  
Time Allotment: 10 minutes

Steps:
1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school to show others that she is responsible for what she says and does. Ideas include:
3. Have each girl make a promise to the other girls in her group identifying how she will be responsible for what she says and does. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

**Activity #5: Meeting Mari the Marigold**

Petal Connection: Responsible for What I Say and Do (Orange Petal)  
Time Allotment: 10 minutes

Materials Needed:
- Mari the Marigold coloring sheets (1 per girl)
- Coloring utensils

Steps:
1. Have girls color their Mari the Marigold coloring sheets.
2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl’s promise.

**More to Explore**

- Field Trip Ideas:
  - Visit a local library and talk about the responsibility of checking out books.
  - Clean up trash around your meeting area.
- Speaker Ideas:
  - Invite an older girl to your meeting to talk to girls about the responsibilities of growing up and friendship.
Customize It!: If your group wants to expand work on this petal or simply try different activities, go for it! There are many ways to earn this award, including: Completing the activities as listed in the Daisy Girl’s Guide to Girl Scouting, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can name things that they are responsible for doing each day
- They understand that the things they say and do can affect others

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about being responsible for what we say and do and have earned the Orange Petal.

We had fun:

- Learning about the power of words and how words can be helpful or hurtful
- Playing a game about the ways to show we are responsible at school and at home
- Making a promise to do something to show others that we are responsible for what we say and do

Continue the fun at home:

- Ask your Girl Scout what she promised to do to show that she is responsible. Help her to keep her promise.
- Ask your Girl Scout to share ideas about what she can do at home to show she is responsible.
- Read “Mari’s Story: Keeping a Cupcake Promise” in the Girl’s Guide to Girl Scouting.

Thank you for bringing your Daisy to Girl Scouts!

This activity plan was adapted from Girl Scouts River Valleys.
I’m Mari the Marigold. I’m responsible for what I say and do!