Daisy Flower Garden

Activity Plan 2: Amazing Daisy Award

**Purpose:** When girls have earned this award, they'll begin to understand and live the Girl Scout Promise and Law and will recite both in front of friends and family.

**Planning Guides Link:** Leadership

**Activity Plan Length:** 1.5 hours

**Resources and Tips**
- This activity plan has been adapted from the *It’s Your World—Change It! Welcome to the Daisy Flower Garden*, which can be used for additional information and activities.
- Book suggestions for Activity #2: Respect:
  - *The Berenstain Bears Show Some Respect* by Jan Berenstain
  - *Respecting Others* by Robin Nelson

**Activity #1: Mini Garden Flower Friends**

Journey Connection: Session 3—Mini Garden Watering Time and Reviewing the Girl Scout Law

Time Allotment: 10 minutes

**Materials Needed:**
- Construction paper
- Coloring utensils
- Optional: Girl Scout Law printed on poster board

**Steps:**
1. Ask girls about their mini flower gardens that they planted during the Watering Can Award activity. Have they been watering the flowers? Have the flowers grown? Spend a few minutes sharing.
2. Optional: Tell the girls that now they can draw pictures of their own flower friends. Flower friends are friendly, helpful, considerate and caring—just like the Girl Scout Law.

**Activity #2: Respect**

Journey Connection: All Sessions—Garden Story Time

Petal Connection: Respect Myself and Others (Purple Petal) and Respect Authority (Magenta Petal)

Time Allotment: 15 minutes

**Materials Needed:**
- Children’s book about respect (see Resources and Tips above for ideas)

**Steps:**
1. Remind girls about the following lines from the Girl Scout Law: “respect myself and others” and “respect authority.”
3. Discuss the book. Ask girls why it is important to show respect. Some example discussion
questions are below:

- How did the character show respect?
- Why is it important to be respectful?
- What was your favorite part of the story?

**Activity #3: Nature Charades**
Journey Connection: Session 3—Imitating Nature
Time Allotment: 10 minutes

Steps:
1. Have each girl pick an object or animal from nature, such as grass, trees, rabbits, flowers or bugs.
2. Give each girl a turn to act out her chosen animal or object in front of the group using her body and voice.
3. The other girls will try to guess her animal or object.

**Activity #4: Snack Chat**
Journey Connection: Questions link to Daisy Flower Garden—Sessions 3 and 4
Time Allotment: 10 minutes

Steps:
1. While enjoying a healthy snack of your choice, here are some things to discuss:
   - What is one way that you were friendly or helpful at home last week?
   - How can you be considerate or caring at school?
   - What is one way you can show respect to a teacher? To your Girl Scout leader? To your best friend?

**Activity #5: Taking Action in the Flower Garden**
Journey Connection: Sessions 4—Take Action Project Brainstorm
Time Allotment: 15 minutes

Prep Needed:
- Invite family and friends to attend the last 30 minutes of the meeting.

Materials Needed:
- Marker or pen
- Paper, white board, or easel paper
- Optional: Flower Friends poster from the adult Journey book.

Steps:
1. Introduce the group to Daisy from the flower friends. Daisy loves to do all the things from the Girl Scout Law. Explain to the girls that their last award is the Amazing Daisy Award. To earn this award, girls must use everything they learned to work together and help a garden in their community.
2. Lead the group in a discussion to brainstorm ideas for their take action project. While friends and family are encouraged to participate in this discussion, be sure that girls are able to contribute and make the final decision. Have someone record the group’s ideas as they are said.
3. Ask the group what they can do to help a garden. Examples are:
   - Plant a new garden using the plants they grew.
• Add new plants to a garden that will grow every year or that grow better in their area.
• Create a compost pile to make healthy soil for plants.
• Weed a garden so the plants there can grow better.
• Add worms or ladybugs to a garden to help the plants be healthier.

4. Have girls think of gardens in their area that need their help or places that don’t have gardens where they could add one.

5. Ask the girls who they know that could help them with their project.

6. Depending upon the time available, do one of the following:
   • Ask the girls to choose a Take Action project that they’d like to do. Develop the project plan today and Take Action in your next meeting.
   • Document the girls’ ideas; bring the notes to your next meeting for girls to develop a Take Action project plan and put it into motion.

More to Explore

• Field Trip Ideas:
  o Visit a martial arts studio and learn how they incorporate respect into their classes.
  o Visit a nature center and learn more about natural objects and animals.

• Speaker Ideas:
  o Invite a teacher or other community member to your meeting to talk about respect.
  o Invite family members to your meeting to do the activities with the girls.

Customize It!: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: Completing the activities as listed in the Welcome to the Daisy Flower Garden Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Amazing Daisy Award if:

• They begin to understand and live the Girl Scout Promise and Law.
• They recite the Promise and Law in front of family and friends.

Girls can continue their Daisy Flower Garden Journey by earning the Golden Honey Bee Award.

Moving to Take Action: To complete the Welcome to the Daisy Flower Garden journey, girls plan and carry out a Take Action Project that addresses the root cause of a community issue in a sustainable way. During the process, here are some things to think about:

• Girls should play an active part in determining the “what, where, when, how and why” of their project, but Girl Scout Daisies will need your support and guidance throughout the process.
• Help girls scale the project to a manageable size. Even if the project has a small scope, what they are doing is important.
• Take Action projects are different from community service projects. Take Action projects pick up where short-term community service projects leave off and are a long-term solution.
• Consider contacting the Girl Scout Cadettes in your area to help with the Take Action project. This will help the Cadettes earn the Program Aide Pin. Contact your Service Unit Manager for more information.
• It’s up to the girls to find a Take Action project that they are passionate about, but to get started, here are a few ideas:
  o Family project: Girls work with their families to determine what they can do to help with a
garden. Maybe they can start seedlings, raise worms, or make compost. The families can then work together to start or update a garden at their meeting space or a community building. Girls invite their families and friends to come to their garden party.

- School project: With adult help, girls talk to their school principal to find out if anything can be done to help the gardens at their school. Girls can invite classmates to help with their project and attend their garden party.

- Community project: Where you live, girls can help find a community garden and do a garden clean-up day. Girls can help put in new plants or pull weeds and invite those who live, work, or worship there to attend their garden party.

**Family Follow-Up Email**

Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

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**Hello Girl Scout Families:**

We had a wonderful time today as we continued to learn about the Girl Scout Promise and Law. We recited them for friends and family and earn the Amazing Daisy Award.

We had fun:

- Drawing pictures of flower friends who are friendly, helpful, considerate and caring
- Reading a book about respect
- Playing nature charades

Continue the fun at home:

- Talk to your Girl Scout about ways to continue to carry out the Girl Scout Law in your daily lives.
- Continue to help your Girl Scout take care of her mini flower garden.
- Ask your Girl Scout about the Daisy Team’s Take Action project and how your family can help with the project.
- Look at the *Welcome to the Daisy Flower Garden* journey book and read about the adventures of Chandra, Cora, Campbell and the Flower Friends.

Thank you for bringing your Daisy to Girl Scouts!

*This activity plan was adapted from Girl Scouts River Valleys.*