Brownie Quest Activity Plan

Discover Key

**Purpose:** When girls have earned this award, they'll see how they can use their skills and values in Girl Scouts, with their family and in the world around them.

**Planning Guides Link:** Leadership

**Activity Plan Length:** 1.5 hours

**Resources**
- This activity plan has been adapted from *It’s Your World—Change It! Brownie Quest*, which can be used for additional information and activities.
- Girl Scout Cadettes who are working on the *It’s Your World—Change It! aMAZE* Journey can earn their Leadership in Action (LiA) Award by assisting with these activities. Contact your Service Unit Manager to find girls in your area who may be interested in assisting your group. Requirements for the Brownie Quest LiA Award can be found in the *It’s Your World—Change It! Brownie Quest* adult guide.

**Activity #1: All About Me Poster**

*Journey Connection: Session 1—Ball Toss: Discovering Our Special Talents and Qualities*

*Time Allotment: 25 minutes*

**Materials Needed:**
- Large paper
- Coloring utensils

**Steps:**
1. Have each girl create a poster of herself. Girls can use pictures, words or symbols to describe themselves and their special qualities and talents.
2. As girls finish their posters, ask them to share their poster with at least one other girl.

**Activity #2: All About My Values**

*Journey Connection: Session 1—Going ELF: The Search to Discover the Values of the Girl Scout Law*

*Time Allotment: 10 minutes*

**Materials Needed:**
- Construction paper
- Paper plates (10)
- Scissors
- Tape
- All About Me posters from Activity #1

**Steps:**
1. Read the Girl Scout Law.
2. Write each of the ten parts of the Girl Scout Law on a paper plate. Cut out squares of colored paper to represent different parts of the Law according to the chart below, and place them on the
matching plates.
3. Using the colored squares of paper, have girls choose the three or four parts of the law that they think are the most important. Ask them to attach the paper squares to their posters.

**Activity #3: Snack Chat**
Journey Connection: Questions link to Brownie Quest—Session One
Time Allotment: 15 minutes
- Did you learn anything new about someone today? What did you learn?
- What is something that you are really good at?
- What can you do to make your friends and family happy?
- What do you do to help take care of your home?
- What do you do when your friends have a problem?
- How do you take good care of yourself?

**Activity #4: Family Stars**
Journey Connection: Session 1—Send It Home
Time Allotment: 10 minutes

Materials Needed:
- Paper with pre-traced stars (one per girl)
- Scissors
- Coloring utensils

Steps:
1. Hand out the sheets of paper with pre-traced stars.
2. Have girls decorate their stars and cut them out.
3. Explain the take home activity:
   - Take your star home and show it to your family.
   - Talk with them about the Girl Scout Law and your favorite parts.
   - Ask them what part of the law is most important to your entire family.
   - On the blank side of your star, write the part of the law your family chose and give examples of how your family members live out those values. You can use picture or words.
   - Remember to bring your star back the next time we meet.

**More to Explore**
- Field Trip Ideas:
  - Go to a library and use book characters to talk about special qualities, talents and values

**Customize It!** If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: Completing the activities as listed in the Brownie Quest Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Discover Key if:
  - They can list things they are good at and like about themselves
  - They understand what it means to be a Girl Scout and the values of the Girl Scout Law
  - They talk about Girl Scout values with their family

Girls can continue their Brownie Quest journey by earning the remaining Connect Key, Take Action, Key, and Brownie Quest awards.
**Family Follow-up Email**

Use the following email as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

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**Hello Girl Scout Families:**

We had a wonderful time today discovering our unique qualities and talents on our way to earning the Brownie Quest Discover Key. We also learned about the values in the Girl Scout Law.

**Girl Scout Law**

*I will do my best to be*

- honest and fair,
- friendly and helpful,
- considerate and caring,
- courageous and strong, and
- responsible for what I say and do,

*and to*

- respect myself and others,
- respect authority,
- use resources wisely,
- make the world a better place, and
- be a sister to every Girl Scout.

We had fun:

- Getting to know ourselves and one another by making All About Me Posters
- Using the posters to show what parts of the Girl Scout Law matter most to us
- Creating a Family Star for us to fill out together at home

Continue the fun at home:

- Fill out the Family Star with your girl.*
  - Talk about the values of the Girl Scout Law and which parts are most important to your family.
  - Help your Girl Scout write the line from the Law that is most important to your family in the middle of the star, and list examples of ways each family member lives out this value.
- Talk to your Girl Scout about what she sees as her special qualities and talents.*
- Look at the Brownie Quest Journey book and read about the adventures of Campbell, Jamila and Alejandra as they meet the Brownie Elf.

*Please complete these steps to help your Girl Scout earn the Brownie Quest Discover Key.

Thank you for bringing your Brownie to Girl Scouts!

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*This activity plan was adapted from Girl Scouts River Valleys.*