

Girl Scout Snapshots is a monthly newsletter to provide families with information about how to join the Girl Scout experience.



<u>Our events calendar</u> is filled with programs Girl Scouts can attend on their own or with their families! Here are a few to check out:

- June 4: Glenwood Caverns Adventure Park Girl Scout Day
- June 15: Girl Scout Day at the Colorado Rapids
- <u>June 21: Girl Scout Days at Elitch Gardens</u>
- <u>July 8-12: Camp Code with FAST enterprises</u>
- <u>July 26: Sky High Ranch: Me & My Gal Rustic Retreat</u>
- Aug. 2 Girl Scout Day at Water World
- Aug. 16: Campout at Rocky Mountain Vibes

Calling all soccer fans!



Cheer on the US National Women's
Team as they face the Korean
Republic team. Wear your red, white
and blue gear to Girl Scout DreamLab
to show your support. Don't miss out
on this opportunity to come together
with long-time and new fans. This is
a community event open to anyone.
Bring your friends to cheer on the
USNWT!

REGISTER

Ready. Aim. Bullseye!

Picture this: You nock an arrow onto a bow, hook your fingers around the string, draw it back, eye your target, and release! Bull's-eye! Archery is an exciting sport that takes strength, focus, good form, and practice. Girl Scouts can challenge themselves as they build their archery skills and learn how to shoot on a range this summer.

Register for an at Mueller or Cheyenne Mountain State Parks!

May is Mental Health Awareness Month



The Girl Scouts Mental Wellness patch program reminds you that you're never alone in facing challenges and further invites you to dive into and understand your emotions. You can do this by participating in activities, such as making art or writing poetry, that foster resilience and help you to better understand your world. No matter the season, never doubt your ability to rise up, and remember—you got this.

LEARN MORE

Resources for caregivers

Looking for a way to support your Girl Scout's mental wellness? <u>Check out a</u> <u>Youth Mental Health First Aid course</u>. Courses are offered both in-person and virtual. There are quite a few coming up that have no cost!











Have a question? Don't be shy! Contact us for more information.