

# **Pride & Respect Patch Program**

## **Girl Scouts Patch Program – Facilitator Guide**

### **Purpose**

The *Pride & Respect Patch* educates Girl Scouts about LGBTQ+ identities in an age-appropriate, respectful, and inclusive way. This program encourages kindness, empathy, and respect for all people, empowering girls to be allies within their troops, schools, and communities.

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### **Learning Objectives**

By completing this patch program, Girl Scouts will:

- Gain an age-appropriate understanding of what LGBTQ+ means
  - Learn the importance of respecting all identities
  - Practice inclusive and kind language and behavior
  - Explore what allyship looks like in everyday life
  - Build empathy by reflecting on feelings, differences, and shared humanity
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### **Patch Requirements**

To earn the Pride & Respect Patch, Girl Scouts must:

- Complete **at least two activities** in their age-level section
- Complete the **Required Reflection** (all levels)

Troop leaders may adapt activities based on troop needs, ability levels, and time available.

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## Activities by Grade Level

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### **Daisies & Brownies (Grades K–3)**

**Recommended Session Length:** 45–60 minutes

**Adult Note:** At this age, focus on kindness, feelings, and understanding differences. Avoid labels unless girls ask directly; keep explanations simple and positive.

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#### **Activity 1: Storytime – “Red: A Crayon’s Story”**

**Time:** 15 minutes

**Materials:** Book, discussion questions (book can be found online)

**Steps:**

1. Read *Red: A Crayon’s Story* aloud.
2. Discuss using these simple prompts:
  - *What makes us different?*

- *What makes us special?*
- *Why is it important to accept people for who they are?*

**Leader Guidance:**

Highlight that sometimes people are seen incorrectly, and kindness means letting people be themselves.

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**Activity 2: Rainbow of Kindness Craft**

**Time:** 15–20 minutes

**Materials:** Construction paper strips, crayons/markers, glue

**Steps:**

1. Girls create a simple rainbow.
  2. On each stripe, they write or draw a kind word (examples: *love, respect, friendship, care, inclusion*).
  3. Discuss:
    - *How do these words make you feel?*
    - *How can we show kindness to others?*
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**Activity 3: Feelings Game**

**Time:** 10–15 minutes

**Materials:** Smiley/sad/angry face cards

**Steps:**

1. Present simple scenarios (e.g., “Someone says you can’t play,” “Someone gives a compliment”).
2. Girls hold up the face that matches how they think someone might feel.
3. Share stories of a time they felt included or left out.

**Leader Note:**

Do not pressure girls to share anything personal—keep stories light and voluntary.

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 **Juniors & Up (Grades 4–8+)**

**Recommended Session Length:** 60–75 minutes

**Adult Note:** Older girls can handle more vocabulary and deeper conversations, but keep space supportive and non-personal.

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**Activity 1: LGBTQ+ Vocabulary Match Game**

**Time:** 20 minutes

**Materials:** Term cards and definition cards

**Suggested Terms:**

- LGBTQ+
- Ally
- Identity

- Respect
- Pronouns

**Steps:**

1. Girls match each term to the correct definition.
2. Discuss why respectful language matters.

**Leader Guidance:**

Keep definitions simple and factual. Avoid asking girls about their own identities.

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**Activity 2: Watch & Reflect**

**Time:** 10–15 minutes

**Materials:** Age-appropriate educational video (e.g., “What Is LGBTQ+?” by a kid-friendly education channel)

**Steps:**

1. Watch a short video explaining identities and kindness.
  2. Discuss:
    - *What did you learn?*
    - *What helps make a troop inclusive?*
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**Activity 3: Allyship Poster**

**Time:** 20 minutes

**Materials:** Poster paper, markers

**Steps:**

1. Create a poster (or digital slide) showing what it means to be an ally.
  2. Include examples of inclusive actions (e.g., “Use kind words,” “Respect people’s pronouns,” “Stand up for others”).
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**Activity 4: Community Kindness Challenge**

**Time:** Flexible

**Steps:**

1. Girls perform one act of kindness toward someone different from them.
  2. Share what they did and how it made them feel.
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 **Required Reflection (All Levels)**

**Time:** 10 minutes

**Materials:** Paper, crayons, pencils

Scouts may write or draw their answers:

- **Something new I learned...**
- **How I felt during the activities...**

- One way I can be more inclusive in the future...
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## **Leader Notes & Best Practices**

### **Keep Conversations Age-Appropriate**

Use simple, positive language such as:

“Everyone is different, and that makes our world better.”

### **Respect Privacy**

Girls should never be asked to share personal identity-related information.

### **Focus on Kindness & Inclusion**

The goal is about understanding, empathy, and respect—aligned with the Girl Scout Law.

### **Create a Safe Environment**

Encourage curiosity, kindness, and respectful listening.

