Brownie Fair Play
Badge Activity Plan 2

**Badge Purpose:** When girls have earned this badge, they’ll know how to play fair in sports and games.

**Planning Guides Link:** Healthy Living and Creativity

**Fun Patch Link:** Good Sport

**Activity Plan Length:** 1.5 hours

**Resources**
- This activity plan has been adapted from the Brownie *Girl’s Guide to Girl Scouting* Fair Play Badge, which can be used for additional information and activities.

**Activity #1: Points Match Up**
**Badge Connection:** Step 4 – Keep Score
**Time Allotment:** 15 minutes

**Materials Needed:**
- Points Match Up template (one set per team) and key
- Watch or timer
- Optional: prize for the winners

**Steps:**
1. Divide girls into teams of 3-4.
2. Place Match Up cards in the center of each team, mixed up and face down.
3. Explain to the girls that sports use different words or terms to describe scoring a point. The cards in front of them have different sports and scoring terms. Tell the girls when you say “Go!” they will have one minute to match as many as they can. When time is up, have the girls put their hands in the air so you know they have stopped trying to match the cards.
4. Go over the correct answer for each.
5. Optional: ask the girls if they know how many points are earned in the different sports. For example, in baseball a run is always one point whereas a touchdown in football is 6 points with the potential for 7 if they make the field goal kick.

**Activity #2: Obstacle Course Race**
**Badge Connection:** Step 5 – Have a Field Day Time
**Allotment:** 20 minutes

**Materials Needed:**
- Hula hoops
- Pool noodles
- Blanket or sheet
• Water balloons
• Bean bags
• Buckets or boxes
• Plastic cones or similar sized objects
• Watch or timer
• Optional: prize for the winners

Steps:
1. Set up an obstacle course to include some or all of the following activities:
   • Stand on one foot for 10 seconds
   • Jump over pool noodles (prop the noodles at knee-height on two overturned buckets or boxes)
   • Army crawl over a blanket or sheet
   • Throw water balloons at a target
   • Make a line of hula hoops and hop from hoop to hoop
   • Toss bean bags into bucket or box
   • Weave through cones or similar sized objects
   • Do the “crab walk” from one point to another
   • Do 20 jumping jacks
2. Divide girls into two teams. Ask the girls from one team to line up at the start of the course. When you start the timer, have the first girl go through the course. Once she gets through the entire course, the next girl on the team can go. Time the team as a whole.
3. Encourage the other team to cheer on the girls running through the course.
4. Once the first team has completed, have the teams switch. The team with the shortest time wins!
5. Optional: Make this into a relay by placing a girl at each obstacle throughout the course.

**Activity #3: Egg Toss**
Badge Connection: Step 4—Keep Score Time
Allotment: 10 minutes
Materials Needed:
• Eggs

Steps:
1. Have girls find a partner and line up facing each other, toe to toe.
2. Explain that you will be giving each pair an egg. They must toss the egg back and forth without dropping it. Each time they successfully toss and catch the egg, they must take one step backward. This earns the pair one point. Tell the girls they must keep track of their own points.
3. Hand each pair an egg and tell them they can begin. If you have a larger group, you may want to have some pairs sit and watch first, and then switch.
4. Optional: Have a championship round between the top two pairs.

**Activity #4: Snack Chat**
Badge Connection: Questions link to multiple badge steps
Time Allotment: 15 minutes
While enjoying a snack, here are some things for girls to talk about.
• How does it feel to win or lose a game?
• Do you think scoring points is a fair way to play games?
• What are some sports that do not use points? What do they use? Time? Distance? Height?
• What was easy or difficult about the obstacle course? Egg toss?

More to Explore
• Field Trip Ideas
  o Attend a girls’ or women’s sporting event.
  o Participate in a sports class or event at your local community or recreation center
• Speaker Ideas
  o Invite a female athlete or coach to your meeting.
  o Invite a physical education teacher or sports referee to teach the rules of a new game.

Customize It!: If your group wants to expand work on this badge or simply try different activities, go for it!
There are many ways to earn this award, including: Completing the activities as listed in the Brownie Girls Guide to Girl Scouting, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:
• They can follow the rules
• They can include everyone and be part of a team
• They know how to keep score of a simple game or sport
• They have a field day

Family Follow-Up Email
Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:
• When and where you will be meeting next
• What activities you will do at the next meeting
• Family help or assistance that is needed
• Supplies or materials that girls will need to bring to the next meeting
• Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about teamwork, competition and scoring points and have earned the Fair Play badge.

We had fun:
• Learning how different sports score points
• Competing in an obstacle course race
• Using teamwork to complete an egg toss challenge

Continue the fun at home:
• Watch a sports game on TV and have your girl keep score.
• Teach your girl a new game or ask her to teach you one.
• Look through the Girl’s Guide to Girl Scouting with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

This activity plan was adapted from Girl Scouts River Valleys.
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<thead>
<tr>
<th><strong>Points Match Up Template and KEY</strong></th>
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<tr>
<td><strong>Soccer</strong></td>
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<td><strong>Basketball</strong></td>
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