



Ronald McDonald House Charities of Denver

RMHC-Denver is a home away from home for families with ill or injured children from around the world who have come to Denver seeking medical treatment for their child. Families are never charged for a room and can stay for as long as treatment takes. Many families stay at the house for several weeks or even months. Can you imagine being away from your home, friends, and belongings for a month or more?

RMHC provides comfort, support, and everything a family needs while away from home—from laundry rooms and playrooms to meals and household items—all of which would not be possible without the generous help of volunteers! Help support the families of RMHC and increase awareness of the mission to keep families close. Complete the three steps to earn the Ronald McDonald House Charities of Denver Patch.

Steps:

1. Research the RMHC-Denver organization
2. Complete a community awareness project
3. Complete a direct support volunteer activity

In this packet, you will find:

Ronald McDonald House Charities of Denver Patch Requirements
Community Awareness Talking Points Guide
RMHC Coloring Page

1. Research the RMHC-Denver organization

Visit rmhc-denver.org to learn more about the mission, history, and houses.

Recommended:

Visit the "Video Gallery" under the "News" tab on the home page

Review the "Community Awareness Talking Points" document in this packet

2. Complete a community awareness project

Choose 1:

- Host a wish list drive in your community
- Collect family-centered items in your community

Host a wish list drive in your community

Hosting a wish list drive not only provides much-needed items for our house, but also helps spread awareness of our organization for future support.

Visit <https://rmhc-denver.org/wishlist/> for our current wish list.

We are always in need of laundry detergent pods and individually wrapped snacks. Optional: Collect snack donations to use for your direct support volunteer activity of assembling snack bags for long days at the hospital.

Use the "Community Awareness Talking Points" guide when talking with community members and collecting donations. Optional: Print copies of the "RMHC Coloring Page" to share and pass out when collecting donations.

Collect family-centered items in your community

Family-centered donations are items we use to help welcome new families to the house, celebrate birthdays and holidays, stock our "Treasure Chest" room and free "Store", host activities, and provide year-round support.

Items needed include:

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| ○ Toys for all ages (baby, kids, teen) | ○ Activity kits and activity books |
| ○ Small prizes | ○ Birthday supplies |
| ○ Baby items (clothing, safety kits, toiletries, toys, swaddles, towels) | ○ Holiday or seasonal items (activities, stickers, accessories) |

*Please do not include glitter, paint, nail polish, or playdough.

Use the "Community Awareness Talking Points" guide when talking with community members and collecting donations. Optional: Print copies of the "RMHC Coloring Page" to share and pass out when collecting donations.

3. Complete a direct support volunteer activity

Choose 1:

- Make a meal from scratch at the house (Ages 14+)
- Assemble and deliver snack bags for long days at the hospital (All ages)

Make a meal from scratch at the house (Ages 14+)

Meal teams are groups of up to 10 people who plan either breakfast, brunch, or dinner, purchase the food, cook in our kitchen, serve food to families buffet-style, and clean up. Cooking a meal provides vital support to our families, lifting the burden of planning and purchasing food and allowing them more time with their child.

Troop leaders can sign up online!

Visit <https://rmhc-denver.org/volunteer-2/group-volunteer-opportunities/>

Review the meals from scratch program guidelines.

Create an account with the online meal calendar.

Reserve your preferred date and meal at your preferred location.

After you receive a confirmation email, the Volunteer Manager will follow up with event information to share with your troop.

Please Note: Meal team volunteers must be at least 14 years old.

Assemble and deliver snack bags for long days at the hospital (All ages)

Healthy snacks are vital for families spending long days at the hospital who may not be able or willing to leave their child's bedside for a meal.

You can use any type of bag or container (cellophane, ziploc, paper sack, gift bag, canvas) to assemble individually wrapped, store-bought, and shelf-stable snacks. The bags can be decorated, plain, or list what's inside.

Alternatively, individually wrapped snacks can also be donated loose (not in bags) and decorated with personalized or seasonal wrapping. For example: a granola bar with craft paper wrapping and googly eyes to look like a friendly monster, or handmade labels with puns, jokes, or colorful designs

Getting your snack bags, wish list donations, or coins to RMHC-Denver

Finished projects and donations can be delivered to the front desk at either of our locations at your convenience between 9am-9pm seven days a week:

Denver House
1300 East 21st Avenue
Denver, CO 80205
(303) 832-2667

Aurora House
932 N Potomac Circle
Aurora, CO 80011
(720) 324-2400

Please contact the Volunteer Manager if you would like to schedule a delivery and tour of the house at any time.

Thank you for supporting the families of RMHC-Denver!



Ronald McDonald House of Denver

Community Awareness Talking Points

RMHC-Denver is a home away from home for families who have come to Denver seeking medical treatment for their child. Families are never charged for a room and can stay for as long as treatment takes.

Requirements to stay at RMH:

- Must have a child under the age of 21 years old receiving treatment at a local hospital
- Must have a permanent residence at least 60 miles from the house

Fast Facts:

- The original Denver house opened in 1979 and was the 3rd RMH in the world!
- RMHC-Denver has two locations, Denver and Aurora, with a total of 118 rooms.
- The majority of RMHC-Denver's operating costs come from direct support donations from our local community.

What can you do?

Visit rmhc-denver.org to:

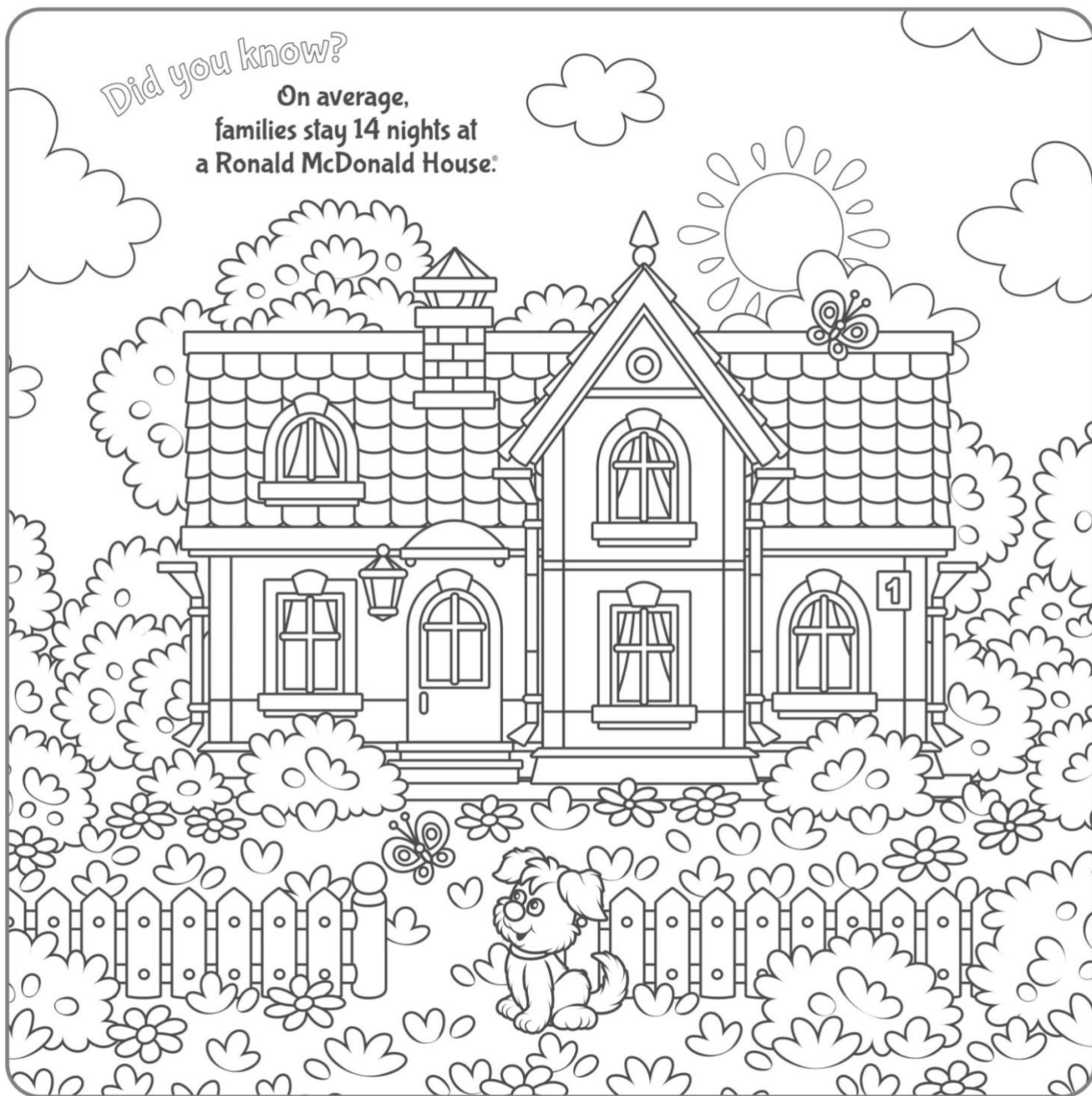
- learn more about our mission to keep families close
- watch videos telling the stories of our families
- sign up to cook a meal at the house
- find our current wish list for needed donations
- donate or learn how to host your own 3rd party fundraiser

Thank you for supporting the families of RMHC-Denver!

Color a Ronald McDonald House

Did you know?

**On average,
families stay 14 nights at
a Ronald McDonald House.®**



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Keeping families close[®]

RMHC-Denver can host as many as 118 families a night who have traveled to Denver seeking medical treatment for their child—providing comfort, support, laundry access, home-cooked meals, and more. Learn how you can help at:

rmhc-denver.org